

Cruise with Your Fitness Host Stephanie Wulfe Epstein



DATE

PORT

Sun. 4/6 Galveston, Texas

Mon. 4/7 Fun & Fitness Day at Sea

Tues. 4/8 Fun & Fitness Day at Sea

Wed. 4/9 Roatan, Honduras 8:00 AM 5:00 PM Thur. 4/10 Belize City, Belize 8:00 AM 5:00 PM

4/11 Cozumel, Mexico 7:00 AM 5:00 PM Fri.

Sat. 4/12 Fun & Fitness Day at Sea

Sun. 4/13 Galveston, Texas 8:00 AM

Price of only \$689* Includes Upgraded Staterooms, Private Dining and Classes in Water Exercise, Yoga, Tai Chi, Aerobics, Zumba® and Ballroom Dancing. Medicine, Cooper Aerobics







ARRIVE DEPART

4:30 PM



holds many certifications: American College of Sports The Arthritis Foundation. Ayurvedic Yoga Specialist and Certified Laughter Yoga Leader. Come along with Stephanie on her 2nd FUN & FITNESS cruise. Contact: 972-980-2423 or swe827@gmail.com.

Swim with dolphins! Take this cruise next winter to three of the Caribbean's top destinations at their prime time. It will be upper 70s under sunny, bright blue skies in mid-April. Upon receipt of your 100% refundable deposit (see reverse) an e-mail is sent confirming your booking. 120 days prior to departure you will receive a final invoice.

*Price is per person double occupancy for an Inside Stateroom (L). Gov't departure taxes, customs fees, security and service surcharges total \$139 extra. Travel insurance for cancellation/medical reimbursements (subject to terms and conditions) starts at \$59 and is required. Prices valid thru July 10, 2013, or until allotted inventory sells out, whichever happens first. Deposits fully refundable if canceled before Jan. 3, 2014. Guests must book through Fun & Fitness to participate and be at least age 30.







WHAT DO YOU WANT? WHEN DO YOU WANT IT? Enjoy exercise classes led by some of the USA's top certified instructors. Stephanie Wulfe Epstein says her Texas guests returned from their $F_{UN} \overset{\circ}{\mathcal{C}}^{\circ} F_{ITNESS}$ cruise this spring very pleased with having had such a wide variety of exercise classes: Water Aerobics, Tai Chi, Yoga, Zumba, Ballroom Dancing and more. A highlight was enjoying dinner each evening in the formal dining room where this photo *(below left)* was taken.



"Everyone in our little Texas group had a fabulous time! Many are talking already about where we want to go next. Please tell us as soon as you have your next cruises ready to go so we can pick one. Thank you!" *Tammy McAlister, Midland, Texas*

"The only way I will cruise now is with *Fun & Fitness*. You had so many physical activities for us to do on this ship while we cruised to the islands. I would have been too lazy and unhappy without your great fitness coaches and classes in water exercise, deck walking, tai chi and everything else!"

Barb Gough, Staunton, VA

All staterooms can have twin beds or one king.



Inside Stateroom



Oceanview Stateroom



Balcony Stateroom

"Thank you for your quick responses whenever I call or e-mail. You go beyond good customer service. We are happy to cruise with *Fun & Fitness* every time we can." *Janet Davenport, Hutto, Texas*

Fun & Fitness Club Benefits: Fully Hosted Cruises • Call Center in United States • Group Discounts • Daily Private Exercise Classes • Group Dining • Best Mid-Ship Cabins • Website for Packing/Travel Tips, Shore Excursions, Deck Plans • Special Order Meals • Security Pre-Clearance • Arranged Transfers • No Club Dues or Fees • Full Refunds •

Detach and mail with your 100% refundable deposit (check or credit card info). Or call 800-955-994	2.
Roundtrip ground transportation from Dallas, Tex. will be available. Details and pricing T.B.D.	

Name on Passport	<u>Check one:</u> (All prices are per person)	
Address	☐ Inside Stateroom [Cat. L] \$689 as a double	
City, State, Zip	Oceanview Stateroom [Cat. G] \$859 double	
Phone Email	Balcony Stateroom [Cat. E1] \$979 double	
Date of Birth (required by cruise lines)	_ ☐ Inside Stateroom [Cat. L] \$1153 as a single	
Roommate Name (if applicable)	Oceanview Stateroom [Cat. G] \$1493 single	
Roommate's Date of Birth	☐ Balcony Stateroom [Cat. E1] \$1733 single	
Payment: Check Enclosed (make check to Fun	N & FITNESS TRAVEL CLUB) or pay via your	
Credit Card Type: #	Security Code Exp. Date	
Deposit: \$500 per stateroom. Must be received by July 10, 2013, or before inventory sells out.		

which can happen fast. Deposit is fully refundable until final balance due date Jan. 3, 2014.

Mail to Fun & Fitness Travel Club 7324 Dartford Dr., Suite 3, McLean, VA 22102 USA.

Minimum age is 30 for Fun & Fitness cruises. Valid passport required (no passport card).